



Turlough Violet
Throat Chakra Essence

- Aloof, shy, hyperactive, nervousness, clumsy, inability to concentrate.
- + Ability to concentrate, friendly, action, physical coordination, public speaking.



Harebell
Throat Chakra Essence

- Loss of passion, apathy, lack of faith, controlling, shyness, low energy.
- + Personal power; trusting self, energy, flexible, friendly and outgoing.



Tufted Vetch
Brow Chakra Essence

- Lack of self-direction and trust, compulsive, addictive, sexual issues.
- + Self-trust, self-assured, independence, freedom from habits, self-governing.



Large Flowered Butterwort
Brow Chakra Essence

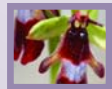
- Disconnected from self, not grounded, Lack of awareness, no self-trust.
- + Passion and commitment to life, deep feelings, graciousness, understanding.



Selfheal
Crown Chakra Essence

- Hopelessness, overly dependant, fear, Lack of personal responsibility, shock.
- + Hopeful, belief in healing, strong life-force, personal responsibility, ease.

auric field essences



Fly Orchid
First Auric Field Essence

- Poor survival in instinct, vulnerable, overwhelmed, lack of purpose.
- + Connectedness, knowing our purpose, self-confidence, spiritual rebirth.



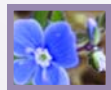
Montbretia
Second Auric Field Essence

- Smothering, possessive, controlling, martyr; disappointed with partner.
- + Accepting, trusting, letting go, pleased, with choices, inclusive.



Shrubby Cinquefoil
Third Auric Field Essence

- Fear of death, lack of inspiration, lack of clarity, uncomfortable.
- + Vocally expressive, energy coordination, united with self.



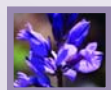
Germander Speedwell
Fourth Auric Field Essence

- Irrational anger, hurtful, hostile, inability to communicate, angry.
- + Releases control, calm communication, non-judgmental, patience, secure.



Lady's Mantle
Fifth Auric Field Essence

- Self-conscious, closing off our understanding, stage-fright, withdrawn.
- + Comfortable expressing our self, being willing to stand out, public speaking.



Common Milkwort
Sixth Auric Field Essence

- Disconnected from self, lack of control, speech impediments, fear of insanity.
- + Self-governing, personal responsibility, knowing our self, quiet the mind.



Bell Heather
Seventh Auric Field Essence

- Lack of belief in self, feeling alone, prejudice, over-talkative, denial.
- + Courage, connected to the whole, flexibility, inner tranquility, strength.



THE BURREN FLOWER ESSENCES
healing relationships

Within every individual there is the of complete and total health at all times, irregardless of how they are presently expressing. The action of the essence or its electrical signal is not to manipulate body functions and changes. It is to restore the energy field to health and balance so that the memory of the original design has the opportunity tofunction optimally. Reestablishing this original state in many cases an imbalanced system is restored or brought back to health simply by introducing a single flower that cancels and neutralizes a discordant frequency that is disturbing the body. The Burren single Flower Essences can do this in a safe way.



what are flower essences and how do they work?

Flower Essences are the Vibrational frequencies of flowers in sunlight captured in water and preserved but not changed with the addition of alcohol. Flower Essences are used in the treatment of Emotional, mental and Psychic Issues that are preventing the being from experiencing their full potential. Flowers are the most beautiful, colorful and expressive aspects of nature, you automatically smile when you look at them as they instantly lift our spirits and connect you to the state of 'being happy'. They have the ability to affect us and reconnect us to joy much like beautiful music does or like the gentle touch of another being or animal. This affect is done by frequency; the energetic frequency of the flower can touch our soul and immediately neutralize the negative energy matrix that activated through our negative thought patterns and misperceptions. As we are designed to be Happy, Healthy and Prosperous the flower essence simply reminds our energy field of this original state. Specific flowers affect different components of our energy field, as they are stabilizers of the Chakras, the auric fields and the meridians.

The Burren Single Flower Essences bring with them all of the qualities of the harmonious cohabitation of the flowers in the area. Because the energies carried in the flowers are addressing all of the twenty-eight cardinal frequencies of the energy field and the emotional disturbances that occur because of an imbalance within these frequencies. The quality of healing in these flowers is unique to any other flower essence.

how are the burren flower essences different?

The process used to collect the essence of the flower is different from that used by other flower essences. The plant is not picked or destroyed in any way. The essence of the flower in sunshine is collected in it's own environment, in a safe gentle way that will not harm the plant in any way. The source material is then released into purified water in sunshine and stored until bottled. Water has a great sensitivity to electromagnetic fields and has the ability to hold and memorize information as researched by Masaru Emoto. I call our process of extracting the essence 'the rainbow method of extraction'. This rainbow method of extraction dispenses with the need to pick the plants, which is essential at the Burren as the plants are protected. There is something very mystical and respectful with leaving the flower intact to live out and complete its life cycle and then go to seed. This method of collection is similar to capturing music in a CD or taking a picture or a photograph. The flower information being released to the water is then used to heal and neutralize imbalances in the energy field, which immediately impacts the nervous system.

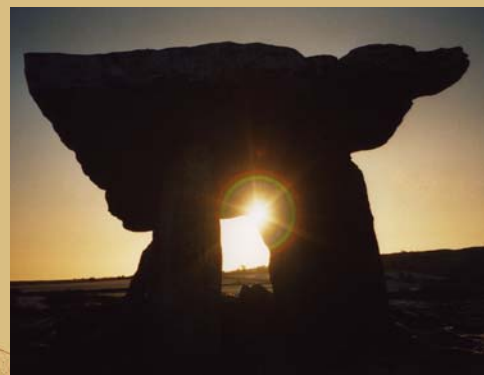
single essences

A range of sixty single essences are available and ready to use immediately. They can be used by themselves or in combination with other essence. The drops can go directly under the tongue or in some water.



forgiveness essences

A range of eight Forgiveness Combination Essences based on stabilizing Chakra relationships. Symptom Combination Essences later.

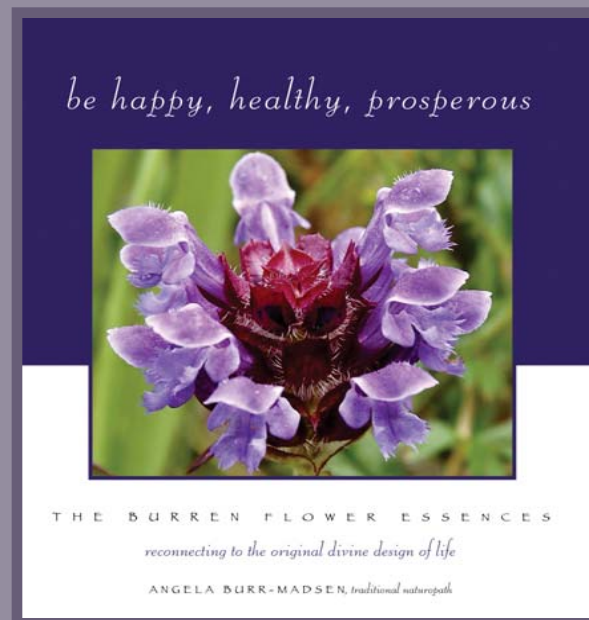


THE BURREN FLOWER ESSENCES

A branch of Gateways Enterprises for purchase information go to www.theburrenfloweressences.com

Seminars, Lectures and Workshops available for scheduling contact summer-gatewaysent@comcast.net

For wholesale accounts contact Gateways Enterprises • 530-766-3247 Fax 530-676-4608 P.O. Box 1577 • Shingle Springs, CA 95682



single flower essences

meridian essences



Thyme Broomrape
Kidney Meridian Essences

- Uncontrolled anger, lack of loyalty, sexual insecurity, melancholy, pain.
- + Courageous, loyalty, sexual security, releases and detoxifies anger.



Bearberry
Bladder Meridian Essence

- Suppressed festering anger; frustration, emotional cowardice, restless impatient.
- + Freedom of expression, patient, kind, brave emotionally, selfconfidant.



Guelder Rose Berries
Liver Meridian Essence

- Sarcasm, jealousy, infertility, shattered dreams, unhappiness, discontent.
- + Light-hearted, understanding, hopeful, optimistic, sharing, creative, useful.



Water Avens
Gall Bladder Meridian Essence

- Low self-esteem, helplessness, raging outbursts, self-righteous, intolerance.
- + Self-control, gentle expression, humble forgiveness, peaceful, assertive.



Turlough Dandelion
Spleen/Pancreas Meridian Essence

- Anxiety about the future, abusive living, over-driving, emotional outbursts.
- + Easy-going, optimistic, joyful, happy, acceptance, moderation, confident.



Yellow Wort
Stomach Meridian Essence

- Sadness, emptiness, feeling deprived, nervous and afraid, rejecting NOW.
- + Flexible, full of life, empathetic, fulfilled, satisfied, content, safe.



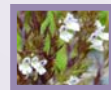
Wood Sage
Heart Meridian Essence

- Unsupportive, harsh words, lack of selfcontrol, low self esteem, insecurity.
- + Gentleness with words, optimistic, confident, enthusiastic, self-worth.



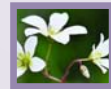
Northern Bedstraw
Small Intestine Meridian Essence

- Poor concentration, foggy thinking, lack of receivership, indecisive.
- + Clear thinking, being comfortable, attracting and receiving abundance.



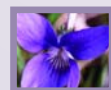
Irish Eyebright
Lung Meridian Essence

- Being scornful, depression, regrets, closed off from intuitive abilities.
- + Heightened intuitive abilities, open, patient, inclusive, connected to others.



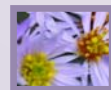
Mossy Saxifrage
Large Intestine Meridian Essence

- Resistance to change, grief and guilt, apathy, regret, indifference, no focus.
- + Awareness, discernment, enthusiasm, ability to release, transformation.



Common Dog Violet
Cir/X • Pericardium Meridian Essence

- Reserved and aloof, shyness, fear of large groups, negative, self pity.
- + Optimistic, enthusiastic, perceptive, calm, persistent, happy, responsible.



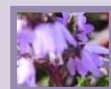
Sea Aster
Triple Warmer Meridian Essence

- Lacking direction, irresponsible, dull and confused, lacking grace, resentful.
- + Spiritual insight, vision, wisdom, hope, grounded in difficult situations, clarity.



Common Butterwort
Central Vessel Meridian Essence

- Feeling abandoned, not belonging, not adjusting, inability to bond.
- + Feeling at home, embracing transitions, trusting higher guidance.



Ling Common Heather
Governing Vessel Meridian Essence

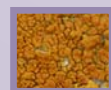
- Needy child, self-centeredness, self obsessed, tendency to exaggerate.
- + Giving to others, patience, strength, connected to Source, never complains.

glandular essences



Dark Red Helleborine
Adrenal Gland Essence

- Anxiety around material existence, deep grief, fear of physical harm.
- + Anxiety around material existence, deep grief, fear of physical harm.



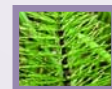
Orange Lichens
Reproductive Gland Essence

- Flightiness, roughness, inflexibility, lack of reliability, low self esteem.
- + Flightiness, roughness, inflexibility, lack of reliability, low self esteem.



Yellow Rattle
Pancreas Gland Essence

- Hopelessness, despair, low self-esteem, burdened, bitter, no zest for life.
- + Hopelessness, despair, low self-esteem, burdened, bitter, no zest for life.



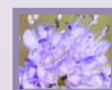
Great Horsetail
Thymus Gland Essence

- Sadness with a sense of being alone, procrastination, laziness, exhaustion.
- + Connectedness, love of life, spiritual communication, exciting the senses.



Blue Gentian
Thyroid Gland Meridian

- Depression, discouragement, doubt, communication difficulties, LDD.
- + Perseverance, confidence, endurance, self-confidence, faith to continue on.



Devil's Bit Scabious
Pituitary Gland Essence

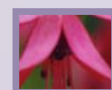
- Low expectations, spacey, ungrounded, fear of speaking out, nervous.
- + Public speaking, self-trust, clear vision, high expectations, optimism, strong.



Fairy Foxglove
Pineal/Hypothalamus Gland Essence

- Physically disconnected, fear of future, lack of coordination, SAD, impatience.
- + Trust in the universe, follow ones heart, joyful, spiritual connection to NOW.

full spectrum/ kundalini essences



Fuchsia
Kundalini Energy Essence

- Phony emotionally, spacey, klutzy, ignoring gut feelings, inability to learn.
- + Sincere emotionally, speaks clearly, intuitive, balance, emotional catharsis.



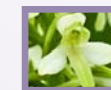
Cats Foot
Full Spectrum Essence

- Suppressed emotions, fear of letting go, numbness to self, shutting off intuition.
- + Sensitivity, following intuition, joyful, light-hearted, openness, self-expression.



O'Kelly's Spotted Orchid
Full Spectrum Essence

- Inflexibility, listlessness, irritation, darkness of thinking, lack of vision.
- + Gentleness, insight, clear thinking, projects unconditional love, relaxation.



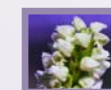
Lesser Butterfly Orchid
Full Spectrum Essence

- Nervousness, inability to focus, stage fright, lack of self-control, immaturity.
- + Calmness, innocence, homeostasis, ability to concentrate, personal power.



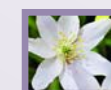
Twayblade Orchid
Full Spectrum Essence

- Defensiveness, anxiety, shock and trauma, old wounds, tension.
- + Limitless, to give and receive love, abundance, an open heart, healing.



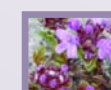
Dense Flower Orchid
Full Spectrum Essence

- Trauma, physical and emotional, confused thinking, inability to express.
- + Clear thinking, clear expression, self-assertiveness, energetic, bravery.



Wood Anemone
Full Spectrum Essence

- Vulnerability, struggle, negative influences, psychic toxicity, denial.
- + Inner radiance, strong aura, clarity, compassion, beneficial healing forces.



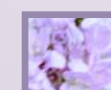
Wild Thyme
Kundalini Essence

- Negative attitudes, foggy thinking, the shutting down of intuition, incoherent.
- + Spiritual strength, intuition, brilliance, clairvoyance, deep awareness.



Bee Orchid
Full Spectrum Essence

- Lack of inspiration, not connected, not committed, depression, hopelessness.
- + Inspiration, creativity, courage to heal, enthusiasm, hope, connected to Source.

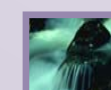


Thrift Sea Pink
Kundalini & Full Spectrum Essence

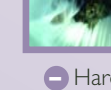
- Lost innocence, doom and gloom, not grounded, depression, anxiety.
- + Child-like joy and excitement, calm, lightness, a grounded sense of balance.

blessed well rock water

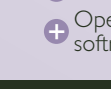
Three different constitutional strengths:



Gentle (sensitive)



Strong (robust)



Gentle & Strong (average)
Full Spectrum Essence

- Hard on self, Closed minded, Shut off.
- + Openness, Self love, Understanding Flexibility, softness, gentleness.

chakra essences



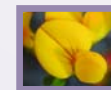
Flecked Marsh Orchid
Root Chakra Essence

- Scattered energies, selfishness, temper tantrums, restlessness, hyperactivity.
- + High constant energy, generous, cool, calm, relaxed, comfortable.



Welsh Poppy
Gonad Chakra Essence

- Abusive behavior, being abused, work-aholic, suppressed rage, denial.
- + Spiritual communication, balance, moderation, looking inward.



Bird's-foot Trefoil
Gonad Chakra Essence

- Temper tantrums, explosiveness, rage, anger, spiritual confusion, cowardice.
- + Inner control, clear headedness, clarity, calmness in conflict, protection.



Honeysuckle
Gonad Chakra Essence

- Avoidance, lack of concentration, daydreaming, escapism, resistance.
- + Embracing the present, courage, grace, willingness to take a stand, maturity.



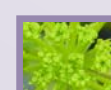
Primrose
Solar Plexus Chakra Essence

- Insecure in relationships, needy, clingy, neglectful, low self esteem, shyness.
- + Self-assured, release of old thinking, owing own power, closeness, love.



Cowslip
Solar Plexus Chakra Essence

- Stretched to the limit, aloneness, exhaustion, helplessness, anxious.
- + Light-heartedness, confidence, kind, patience, stability, humility, cheerful.



Rock Samphire
Heart Chakra Essence

- Inner conflict, not grounded, fatigue, nervousness, fear of being alone.
- + Peace with self, centered, grounded, acceptance of self, quiet joy.



Great Juniper Berries
Heart Chakra Essence

- Self-destructive behavior, pessimism, self doubt, over reactive outbursts.
- + Belief in self, optimistic, knowing our desires, manifesting, hope.

